

# Nominate a dentist to participate in the network



## Would you like your dentist to participate in the network to help you save<sup>1</sup> on dental expenses?

When you visit a participating dentist, he/she has agreed to accept negotiated fees as payment in full for covered services provided to plan members. Negotiated fees typically range from 30%–45% below the average fees charged in a dentist’s community for the same or substantially similar services.<sup>2</sup>

### There are two ways to nominate a dentist:<sup>3</sup>

**1** Have your dentist visit [metdental.com](http://metdental.com) to submit an application. This website is for use by dental professionals only.



**2** Or you can provide MetLife your dentist’s information online:

- Log-in to [metlife.com/mybenefits](http://metlife.com/mybenefits)
- Select “See All Benefits”, then “Dental”
- Go to “Tools and Resources”, then click on “Nominate a Dentist”
- Once completed, MetLife will send your dentist an application

1. Savings from enrolling in a dental benefits plan will depend on various factors, including how often members visit participating dentists and the cost for services rendered.
2. Based on internal analysis by MetLife. Negotiated Fees refer to the fees that in-network dentists have agreed to accept as payment in full for covered services, subject to any copayments, deductibles, cost sharing and benefits maximums. Negotiated fees are subject to change.
3. Due to contractual requirements, MetLife is prevented from soliciting certain providers.

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Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact your MetLife group representative or your plan administrator for costs and complete details.

